

Appendix 2 – Caring Herts CIC

=Document Control:

Version	Issue Date	Changes
1.0	NA	First Draft (BE)

Reference	CG-596			
Name of Organisation	Caring Herts CIC			
Organisation Type	Community Interest Company			
Ward	Districtwide, but this application is specifically for Baldock			
Project Type	Wellbeing for older people			
Green option considered?	N/A			
NHC Councillor involvement that may constitute a conflict of interest	None known			
Previous financial support within six years	June 26 – Letchworth Forum £1,500 approved <i>NOTE: They have applied for £1,500 from both Hitchin and Royston as well in this round of grants, towards different projects/Hubs.</i>			
Documentation reviewed and approved*	Safeguarding	YES	Accounts	YES
	Demonstrates clear governance	YES		
Total applied for	£1,500	Total project cost	£13,050	
Officer Summary				
Caring Herts CIC was set up this year to take over the running of the Community Wellbeing Hubs that had previously been supported by Garden House Hospice. Caring Herts CIC exists to support older members of the North Hertfordshire and Stevenage community who are experiencing loneliness or social isolation, giving them confidence to live well and enjoy life to the fullest. They currently run 15 Wellbeing Hubs every week, consisting of seated exercise and offering companionship, advice, a listening ear and, most importantly: fun. They wish to set up a new Wellbeing Hub in Baldock. As people live longer, this brings both opportunities and challenges. Longer life can be fulfilling, but increasing evidence and practical examples from attendees informs that there are significant increases; risk of social isolation, loneliness, and declining mental wellbeing if community connections are not supported. They have previously evaluated the effectiveness of this service: • 92% of their hub attendees feel less lonely and isolated • 87% feel more mobile, balanced and steady on their feet • 77% feel more independent They anticipate it will cost £13,050 to set up and run this new group in Baldock for a year and they are seeking funding towards the costs of hall hire. They anticipate raising £8,000 through membership fees and £3,300 through other fundraising. They have already secured £250 from the Baldock Rotary Club. The total requested is therefore £1,500.				

*Funding will only be released on receipt and approval of all supporting documentation